

How do I really manage myopia? And should I?

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1 hour CE

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Types of Myopia

Juvenile

- Definition/Age of Onset

- Prevalence, comparing world statistics and a few countries

Pathologic

- Definition/Age of Onset

- Prevalence

Accommodative

- Definition/Age of Onset

- Prevalence

Risks of Myopia

Glaucoma

- Relative Risk associated with levels of myopia

Retinal Detachment

- Relative Risk associated with levels of myopia

Myopic Degeneration

- Relative Risk associated with levels of myopia

Strategies and Effectiveness of Myopia Control

Ortho K

- Effectiveness

- Speak to options available on the market

- Discuss strengths/limitations

Atropine

- Effectiveness

- Speak to different concentrations used in studies and results

- Discuss strengths/limitations

Bifocals/PALs

- Effectiveness

- Discuss strengths/limitations

Soft Contact Lenses

- Effectiveness

- Speak to options available on the market

- Discuss strengths/limitations

Implementing Strategies of Myopia Control

- Getting Ortho K certified and stocking lenses

- Using compound pharmacies

- Using current spectacle dispensing

- Using current multi-focal soft contact lens stocks

- Getting MiSight certified